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# STATE POLICY AND IMPLEMENTED APPROACHES TO SPORT DEVELOPMENT IN UZBEKISTAN

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**Abstract:** This scientific work is dedicated to studying state policy and practical mechanisms aimed at modernizing the sports sector in the Republic of Uzbekistan, its systemic development, and achieving high efficiency. The study analyzes issues of expanding sports infrastructure, improving the personnel training system, introducing innovative approaches, and developing international sports cooperation. Additionally, the social and pedagogical significance of sports in the upbringing of youth is highlighted on a scientific basis.

**Keywords:** sports policy, physical education, innovation, youth education, sports management, international cooperation.

**Аннотация**: Данная научная работа посвящена изучению государственной политики и практических механизмов, направленных на модернизацию сферы спорта в Республике Узбекистан, ее системное развитие и достижение высокой эффективности. В исследовании анализируются вопросы расширения спортивной инфраструктуры, совершенствования системы подготовки кадров, внедрения инновационных подходов и развития международного спортивного сотрудничества. Также на научной основе освещается социально-педагогическое значение спорта в воспитании молодежи.

**Ключевые** слова: спортивная политика, физическая культура, инновации, воспитание молодежи, спортивный менеджмент, международное сотрудничество.

In Uzbekistan, sports policy is considered one of the important directions of state policy. This sector plays an important role not only in raising a healthy generation but also in enhancing the country's international prestige. In recent years, a number of decrees and resolutions aimed at the development of sports have been adopted, and systemic reforms are being implemented. The main documents regulating sports in Uzbekistan are the Law "On Physical Culture and Sports," Presidential decrees, and resolutions of the Cabinet of Ministers. These documents will serve to modernize the sports system, support sports organizations, and bring them into compliance with international standards. The development of sports in the Republic of Uzbekistan has been established as one of the priority areas of state policy, and comprehensive reforms have been implemented in this field in recent years. Sport is viewed not only as a means of strengthening human health but also as an important factor in establishing a healthy lifestyle in society, educating youth, and increasing social activity. Today, the country pays special attention to modernizing the sports system, developing infrastructure, and creating a sports environment that meets international standards. The regulatory legal acts adopted by the state serve the systematic development of sports.1. In the development of the sports sector, the formation of a healthy lifestyle among the population plays an important role. By increasing physical activity, it is possible to prevent diseases, improve labor productivity, and raise the younger generation to be

[1] Law of the Republic of Uzbekistan "On Physical Culture and Sports." - Тошкент, 2015. - Pp. 3-18.

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healthy[2]. Therefore, great attention is paid to sports at all levels, from preschool educational institutions to the higher education system. The modern sports system is inextricably linked to innovative technologies. Digital analysis systems, biomechanical monitoring, and sports statistics tools serve to increase the level of athlete preparation. This ensures the scientific analysis of sports results. Sports policy in Uzbekistan is consistently developing and acquiring strategic importance at the state level. The harmonious development of mass and professional sports, the modernization of infrastructure, and the expansion of international cooperation are increasing the country's sporting potential. In the future, the main priority will be the scientific management of sports and the widespread introduction of digital technologies. The development of sports infrastructure is also one of the important areas. Digitalization, the improvement of sports management, the involvement of the private sector, and the expansion of international cooperation are emerging as key trends in Uzbekistan's sports policy. Sports policy in Uzbekistan is consistently developing. Increased state support, infrastructure modernization, and increased attention to youth sports are further enhancing the country's sporting potential. In the future, further improving the sports management system and expanding international integration will remain an important taskThe construction of new sports complexes, the reconstruction of existing stadiums and halls, and the organization of sports schools in the regions will serve to increase the popularity of sports. The personnel training system is of particular importance in the development of sports. Sports performance can be improved by training qualified coaches, sports doctors, and managers.[3]. Therefore, modern curricula and international experience are being widely introduced into the sports education system. The role of sports in the upbringing of youth is invaluable. It teaches young people to be disciplined, work in a team, and strive for a goal. At the same time, through sports, it is possible to prevent negative vices among young people. The sports system of Uzbekistan is also actively developing in the direction of expanding international cooperation. Ties with international sports organizations are being strengthened, and opportunities for our athletes to participate in world arenas are expanding. However, there are also certain problems in the sports system. In some regions, infrastructure is insufficiently developed, and there is a shortage of qualified personnel. Additional programs are being developed by the state to solve these problems. The fight against doping is also an important area of sports development. In order to ensure the principles of fair sports, protect the health of athletes and create a fair competitive environment, a strict control system is being introduced. In general, the development of sports in Uzbekistan is carried out on the basis of an integrated approach. In this process, cooperation between the state, public organizations, the private sector, and the sports community is of great importance. Through the development of sports, it is possible to build a healthy society, raise a harmoniously developed young generation, and enhance the country's prestige.

In conclusion, the development of sports in Uzbekistan today is considered one of the important directions not only of the physical education system but also of the state's socio-economic and spiritual development strategy. The ongoing reforms serve to modernize sports infrastructure, engage broad segments of the population in sports, and enhance the country's prestige in the international sports arena. Analysis shows that several key factors are of decisive importance for the sustainable development of the sports sector. In particular, the construction of modern sports facilities and the renovation of existing ones, the improvement of the system for training qualified personnel, the introduction of innovative technologies, and the support of youth sports play an important role. These directions create the basis for increasing the efficiency of the

[2] Data from the Ministry of Health of the Republic of Uzbekistan: "Statistical Report on Strengthening Public Health," 2022. - Pp. 12-27.

[3] Tashpulatov F.A. The system of personnel training in sports and its effectiveness. Scientific article, 2022. - p. 104.

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sports system and its development on a scientific basis. It is also necessary to emphasize the social significance of sports. Sport guides young people toward a healthy lifestyle and helps them develop into disciplined, purposeful, and strong-willed individuals. This serves to form a healthy environment in society and strengthen social stability. The expansion of international cooperation makes it possible to bring Uzbekistan's sports system closer to global standards, exchange experience, and increase the professional level of athletes. At the same time, the fight against doping and the strengthening of the principles of sports ethics are important factors in ensuring the integrity of sports. Overall, the measures implemented in Uzbekistan to develop sports are comprehensive and consistent in nature, contributing to the formation of a healthy, active, and competitive society in the country. To further improve this sphere in the future, it is necessary to strengthen cooperation between the state, the private sector, and the public, expand financial mechanisms, and further deepen scientifically grounded approaches.

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